

# Packing List - Winter



## Clothing:

- Long sleeve shirts and pants for eleven days
- 12 pairs of underwear
- 1 pair of shorts
- 12 pairs of socks
- 1 sweatpants
- Sleepwear
- 4 sweatshirts
- Comfortable sneakers/walking shoes without heels
- 1 bathing suit
- Hat (very important to block sun)
- Hiking boots or sturdy sneakers **\*Required\***
- Flip-flops for Dead Sea
- Raincoat or poncho
- Warm winter jacket (temperatures get to 40°F)
- Warm hat, gloves, scarf
- Pair of nice shoes for Shabbat
- Girls:
  - ✓ 1 or 2 casual long skirts (covering the knees) for weekday touring at religious sites
  - ✓ 2 nice blouses/tops (covering the shoulders) for Shabbat
- Guys:
  - ✓ 2 button-down shirts for Shabbat
  - ✓ 2 pairs of nice khakis/slacks for Shabbat

## Extras:

- Drivers license (if you want to drive mini jeeps)
- Small umbrella
- Backpack/overnight bag **\*Required\***
- 1 Towel (for swimming outside of Hotels)
- Flashlight (you will need it!)
- Plug adapter for Israel (for appliances that convert voltage automatically. Click [here](#) for an example)
- Plug converter for Israel (for devices that don't convert automatically. Click [here](#) for an example of a converter, but best to ask in your local electronics store)

## Toiletries:

- Shampoo / Conditioner
- Soap
- Toothbrush and toothpaste
- Deodorant
- Sunscreen (minimum 30 SPF – very important!)
- Eyeglasses and/or contact lenses
- Lip balm
- Band-Aids
- Aftershave
- Feminine Products
- Shaver / razors
- Any prescription medication & a photocopy of the medication
- Tylenol, Ibuprofen, Imodium, etc.
- Antibacterial hand lotion
- Tissues
- If you have serious allergies, be sure to bring a few Epi-Pens with you – one to be carried by you, one for the medic and one spare.

## For the Airplane:

- Passport (You cannot come to Israel without a [valid](#) passport. If you have a US and Israeli passport, you will need to bring both.)
- Deodorant
- Change of clothes
- Sweatshirt
- Toothbrush and toothpaste
- Camera or Smartphone (and charger)
- Snacks
- Magazines, books, etc...
- Journal

## A few tips:

- ✓ **Bring clothes you can layer. It gets cold in the winter!**
- ✓ **It is essential to leave a photocopy of your passport at home**
- ✓ **If you can't lift it yourself, then you've got too much stuff in your bag. Remember, it will only get heavier once you buy gifts and souvenirs! Try to use luggage with wheels.**
- ✓ **You might get caught in the rain during the winter. It might be a good idea to keep some spare dry clothes on the bus.**
- ✓ **We highly recommend bringing a luggage lock to keep your valuables safe.**