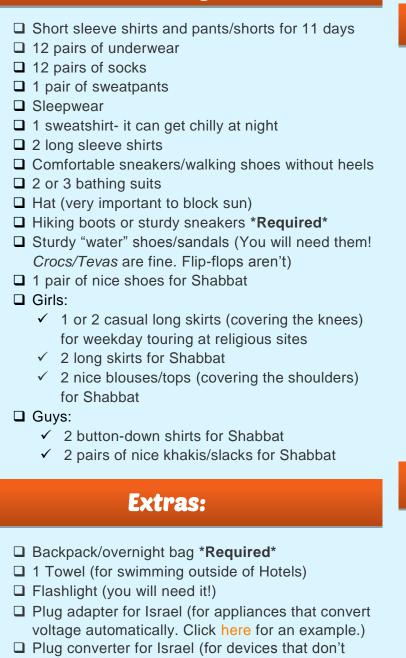
Packing List-Summer

Clothing:





Toiletries:

■ Shampoo / Conditioner

Soap
Toothbrush and toothpaste
Deodorant
Sunscreen (minimum 30 SPF – very
important!)
Eyeglasses and/or contact lenses
Lip balm
Band-Aids
Aftershave
Feminine Products
Shaver / razors
Any prescription medication & a photocopy or
the medication
Tylenol, Ibuprofen, Imodium, etc
Antibacterial hand lotion
Tissues
If you have allergies, be sure to bring a few
Epi-Pens with you – one to be carried by you
one for the medic and one spare.

For the Airplane:

Passport (You cannot come to Israel without
a valid passport. If you have a US and Israeli
passport, you will need to bring both.)
Deodorant
Change of clothes
Sweatshirt
Toothbrush and toothpaste
Camera or Smartphone (and charger)
Snacks
Magazines, books, etc
Journal

A few tips:

√ It is essential to leave a photocopy of your passport at home

convert automatically. Click here for an example of

a converter, but best to ask in your local

☐ Electrolyte/Gatorade powder (helps to stay

electronics store)

hydrated in the heat!)

- ✓ If you can't lift it yourself, then you've got too much stuff in your bag. Remember, it will only get heavier once you buy gifts and souvenirs! Try to use luggage with wheels.
- ✓ We highly recommend bringing a luggage lock to keep your valuables safe.